

Jesus Christ healing ministries

www.JesusChristhealingministries.co.za is a section 21 non-profit organisation (228-818 NPO), est. 01 September 2011 AD.



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August 28, 2021 AD.

Understanding the Holy Trinity

God is trinity in unity or three in one. The Holy Trinity is the three persons of the Christian Godhead; Father, Son and Holy Spirit.

Question: How does the Holy Trinity apply to the individual's life?

Answer: The individual is the Son or Daughter component of the Holy Trinity.

I am the Son of God and all women are the Daughters of God. Depending on our gender, we are all Sons and Daughters of God.

*“I said, ‘You are “gods”’; you are all sons of the Most High.”
(Psalms 82:6 NIV)*

*Jesus answered them, “Is it not written in your Law, ‘I have said you are gods’? If he called them ‘gods’ to whom the word of God came – and the scripture cannot be broken – what about the one whom the Father set apart as his very own and sent into the world? Why then do you accuse me of blasphemy because I said, ‘I am God’s Son’?”
(John 10:34-36 NIV)*

God is the Father/Mother of all of Creation, because He/She created everything that is. There are many theories how everything came about, with the Big Bang theory being one of them, but no one knows for certain. I think we all acknowledge that there is a Higher Power, and whether we call Him/Her God or Allah makes no difference.

The term Mother Earth implies that we come from the earth and that we are part of the earth. Science teaches us that the earth and all the planets came into being because of gravity. We are all one with God/Source and the Universe. Science teaches us that all matter in the entire universe consists only of the elements on our periodic table and nothing additional to that. All sentient life forms consist of a combination of some of these elements.

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When sentient beings die, their bodies decay and return to Mother Earth as different chemical elements. We are all part of God, of Mother Earth, the Universe and the Eco-system. We all came from Source and eventually we all return to Source. God gives us life and takes away life from our mortal bodies when it becomes time to evolve. We give up the spirit when our bodies blow out the last breath and return to the earth whence it originated.

God is not necessarily good or bad, and creation (earth, planets, stars, humans, animals, plants and bacteria) are not necessarily good or bad either. Most humans have moral values and some have none, but this does not mean that those with the morals are right and those without them are wrong. We (our souls) are all here to experience many things, both good and bad, and to learn, grow and evolve. As we sow, we shall also reap, as karma is real. The only way to grow spiritually and evolve is to experience trials and tribulations.

When we die, our bodies return to Source/Mother Earth and our spirits and souls are freed from the bondage of a single vessel. We become free to move anywhere in the universe until we decide to reincarnate in whatever God-ordained shape or form we choose next. And so the cycle of life and death continues.

The Father/Mother created both sinner and saint and the entire universe with everything contained in it. The same God that created you and me also created all that is. Some people prefer the term Higher Power to God or Father. We have a Higher Power which guides and leads us. It is the Holy Spirit or the instinct that leads all animals, including human animals. All animals were created with and possess the Holy Spirit. The Human Animal may lose contact with the Holy Spirit when growing up, by not recognising him/her anymore. This is primarily due to **egotism**, which leads to religiosity and judgement of others.

Definition of egotism

The fact of being excessively conceited (big-headed) or absorbed in oneself.

This does not mean that the Spirit of God does not reside within these individuals. No-one can be separated from God, as God is omnipresent. The Spirit of God, also known as the Holy Spirit, dwells within all living beings. When the Holy Spirit's presence is not recognised by individuals, the ego kicks in and takes control.

Definition of ego

A person's sense of self-esteem or self-importance.

Please take note that a person's **ego** may be a sense of either low or high self-esteem or self-importance.

Having a low or high sense of self-importance points to an ego problem and a mental separation from God and the Holy Spirit.

When we lay aside our **ego's** and listen with empathy to those who try to communicate with us, we are being led and guided by the Spirit of God.

In Ephesians 4:29-32 in the New Testament of the Bible, the Apostle Paul writes about grieving the Holy Spirit.

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The following text on grieving the Holy Spirit was taken from www.christianity.com:

What does it mean to "Grieve the Holy Spirit?"

It is important for us to better understand the person of the Holy Spirit. Sometimes people think of the Holy Spirit as more of an "It" than a "Him". But according to Scripture, the Holy Spirit is not only God, but He has a will, a personality, and can even be offended!

There are six specific sins that can be committed against the Holy Spirit. Today, allow me to focus on one that can be committed by believers—grieving the Holy Spirit.

One of the places in Scripture where we read about grieving the Holy Spirit is in [Ephesians 4:29-32](#). The Apostle Paul writes:

"Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. And do not grieve God's Holy Spirit by the way you live.... Get rid of all bitterness, rage, anger, harsh words and slander, as well as all types of malicious behaviour. Instead, be kind to each other, tender-hearted, forgiving one another, just as God through [Christ](#) has forgiven you."

Grieving the Holy Spirit—Meaning and Examples

To grieve means to make sad or sorrowful. It means to cause sorrow, pain or distress.

But what makes the Holy Spirit sad or sorrowful?

1. Foul and abusive language makes the Holy Spirit sad.

Verse 29 says, "Don't use foul or abusive language." The word used here speaks of something that has gone "rotten". This includes obscene language, profanity, dirty stories, vulgarity, double entendres, etc.

2. Bitterness makes the Holy Spirit sad and sorrowful.

The definition of bitterness is "an embittered and resentful spirit that refuses to be reconciled".

Some people just like to be mad. They live for conflict, arguing and fighting. This, as with all sin, only gets worse if left unchecked and unrepented.

The sad thing is that bitter people rarely want to keep it to themselves. Instead, they spread it around. The [Bible](#) speaks of "a root of bitterness defiling many" (see [Hebrews 12:15](#)).

I have a better idea: forgive!

3. Fits of rage and uncontrolled anger make the Holy Spirit sad and sorrowful.

"Rage" speaks of the person who is easily angered and who raises his voice—shouting and screaming. "Slander" is speaking evil of others behind their backs. "Malicious behaviour" speaks of ill will and plotting evil against someone.

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Look, all of us have been hurt in life, but we have a choice as to how we react. We can be like the moneylender Shylock in Shakespeare's *The Merchant of Venice*, demanding our "pound of flesh". We can say, "They did this to me; therefore I will have my vengeance!"

Or we can believe God when He says "Vengeance is mine, I will repay."

It is said that Augustine had a sign on his wall that read, "He who speaks evil of an absent man or woman is not welcome at this table."

Try the acronym T.H.I.N.K. the next time you are not sure whether or not you should say something.

- T – Is it Truthful?
- H – Is it Helpful?
- I – Is it Inspiring?
- N – Is it Necessary?
- K – Is it Kind?

Instead of speaking evil of someone, we are to "be kind to each other, tender-hearted, forgiving one another".

"But they don't deserve that!"

True, but neither do you or I—yet God still forgave us.

Paul concludes [Ephesians 4:32](#) by saying, "... just as God through Christ has forgiven you."

Forgiven people should be forgiving people. Otherwise, we are grieving the Spirit.

Three Surprising Ways to Grieve the Holy Spirit

The Holy Spirit is often described as light. He shines into the dark places of the heart and convicts us of sin ([John 16:7-11](#)). He is a lamp to illumine God's Word, teaching what is true and showing the truth to be precious ([1 Cor. 2:6-16](#)). And the Spirit throws a spotlight on Christ so that we can see his glory and be changed ([John 16:14](#)). That's why [2 Corinthians 3:18](#) speaks of becoming more like Christ by beholding the glory of Christ. Just as Moses had his face transfigured when he saw the Lord's glory on Mount Sinai ([Ex. 34:29](#); [2 Cor. 3:7](#)), so will we be transformed when, by the Spirit, we behold God's glory in the face of Christ.

The Spirit, then, is a light to us in three ways: by exposing our guilt, by illuminating the word of God, and by showing us Christ. Or to put it another way, as Divine Light, the Holy Spirit works to reveal sin, reveal the truth, and reveal glory. When we close our eyes to this light or disparage what we are meant to see by this brightness, we are guilty of resisting the Spirit ([Acts 7:51](#)), or quenching ([1 Thess. 5:19](#)) or grieving the Spirit ([Eph. 4:30](#)). There may be slight nuances among the three terms, but they all speak of the same basic reality: refusing to see and to savour what the Spirit means to show us.

There are, then, at least three ways to grieve the Holy Spirit—three ways that may be surprising because they correspond to the three ways in which the Spirit acts as a light to expose our guilt, illumine the word, and show us Christ.

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First, we grieve the Holy Spirit when we use him to excuse our sinfulness. The Spirit is meant to be the source of conviction in human hearts. How sad it is, therefore, when Christians try to use the Spirit to support ungodly behaviour. We see it when people—whether genuinely deceived or purposeful charlatans—claim the leading of the Spirit as the reason for their unbiblical divorce, or for their financial impropriety, or for their new-found sexual liberation. The Holy Spirit is always the Spirit of holiness. He means to show us our sin not to excuse it through subjective feelings, spontaneous impressions, and wish fulfilment disguised as enlightened spirituality. If the Holy Spirit is grieved when we turn from righteousness to sin, how doubly grieved he must be when we claim the Spirit's authority for such deliberate rebellion.

Second, we grieve the Holy Spirit when we pit him against the Scriptures. The Spirit works to reveal the truth of the Word of God, not to lead us away from it. There is no place in the Christian life for supposing or suggesting that careful attention to the Bible is somehow antithetical to earnest devotion to the Holy Spirit. Anyone wishing to honour the Spirit would do well to honour the Scriptures he inspired and means to illuminate.

Sometimes Christians will cite the promise in [John 16:13](#) that the Spirit “will guide you into all the truth” as a reason to expect that the third person of the Trinity will give us new insights not found in the Scripture. But the “truth” referred to in [John 16](#) is the whole truth about everything bound up in Jesus Christ, the way, the truth and the life. The Spirit will unpack the things that are to come, insofar as he will reveal to the apostles (see v. 12) the significance of Jesus' death, resurrection, and exaltation. The Spirit, speaking for the Father and the Son, would help the apostles remember what Jesus said and understand the true meaning of who Jesus is and what he accomplished ([John 14:26](#)).

This means that the Spirit is responsible for the truths the apostles preached and that in turn were written down in what we now call the New Testament. We trust the Bible—and do not need to go beyond the Bible—because the apostles, and those under the umbrella of their authority, wrote the Bible by means of the Spirit's revelation. The Bible is the Spirit's book. To insist on exegetical precision, theological rigor, and careful attention to the word of God should never be denigrated as stuffing our heads full of knowledge, let alone as somehow opposed to the real work of the Spirit.

Third, we grieve the Holy Spirit when we suggest he is jealous of our focus on Christ. The Holy Spirit's work is to serve. He speaks only what he hears ([John 16:13](#)). He declares what he is given; his mission is to glorify another ([John 16:14](#)). All three persons of the Trinity are fully God, yet in the divine economy the Son makes known the Father and the Spirit glorifies the Son. Yes, it is a terrible thing to be ignorant about the Spirit and unwise to overlook the indispensable role he plays in our lives. But we must not think we can focus on Christ too much, or that when we exalt Christ to the glory of God the Father that somehow the Spirit is sulking off in the corner. The Spirit means to shine a light on Christ; he is not envious to stand in the light himself.

Exulting in Christ, focusing on Christ, speaking much and singing often of Christ are not evidence of the Spirit's dismissal but of the Spirit's work. If the symbol of the church is the cross and not the dove, that's because the Spirit would have it that way. As J. I. Packer puts it, “The Spirit's message to us is never, ‘Look at me; listen to me; come to me; get to know me,’ but always, ‘Look at him, and see his glory; listen to him, and hear his word; go to him, and have life; get to know him, and taste his gift of joy and peace.’”

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To Summarise

We are all part of the Triune God as we all have the spark of divinity (God) within us. God our Father/Mother created us and therefore we are the Sons and Daughters within the Holy Trinity. Jesus the Christ was the perfect example of a Son being led and guided by the Holy Spirit and doing the will of the Father. He recognised that he was part of a Triune God and was crucified for the very same reason. The Spirit of God dwells in us and essentially gives us life and the joy of life.

The **ego** is the “devil” or the “enemy” which leads us away from God, by contaminating our minds to resist the will of God. Our **ego's** get the better of us and we basically disregard others and grieve the Holy Spirit. The so-called “devil” is now on the throne.

When we become true followers of Christ, we get rid of the **ego** and are guided by the Holy Spirit.

The Holy Trinity is the three persons of the Godhead; Father, Son and Holy Spirit, of which we as humans form the Son component. The Son has to choose between the leading of the Spirit or the leading of the flesh.

Jesus fully chose the leading of the Spirit.

For clarity on what it means to follow the leading of the Spirit, please refer to the book of **Galatians in the New Testament of the Holy Bible - Chapter 5 verses 13 to 26.**

(Given by Spirit on 19 May 2021 AD)

Tracy Chapman YouTube Video - Save Us All <https://youtu.be/p2v2ijFHq9w>



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Tracy Chapman – Save Us All Lyrics

One, two, three, four

I know Jesus loves me
In my heart I know it's true
I know Mary's little baby
Came into the world
Just to save me
But I don't know about you

My God's a mighty big God
My God can shake the world up
Plagues and famines
Frogs and locusts
Walking on water
Burning bushes
Rolling the thunder
And parting the waters too

My God is good in the kitchen
Make a good meal from bread and fishes
Feed the hungry pour the wine
Everybody's welcome to have a good time
Sit at his table enjoy the food

I know Jesus loves me
He says I should love you
My neighbour not his wife
Don't covet steal kill or lie
My God's got a lot of rules

My God made creation
Six days work one day vacation
Made a garden
Filled it with apples
Adam and Eve they walked around natural
Until they ate that one piece of bad fruit

I've heard that your God's older
Buddha, Allah, Krishna
Manifest with many faces
Worshipped the world over in foreign places
I assume your God must love you

I know Jesus loves me
And my God is good and great and true
But if pride goeth before the fall
I hope someone's God will save us all
Save us all
And love the sinners too

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